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G → **FOR PPS**
BOARD

School Policy is More Than Education Policy

Schools play a central role in our society, yet PPS treats schools like a vacuum. The problems facing PPS, the City of Portland, and urban America in general, are all connected.

We cannot solve problems in a disconnected way, one at a time. We need solutions that solve multiple problems at once.



SCHOOL POLICY IS

Health Policy



As animals, we have brains in order to move. In fact, there are animals like the Sea Squirt that lose their brain when they stop moving.

This brain-body unification explains why students do better in school when they get more exercise, as shown and explained in books like Spark.

Addressing this solely through Physical Education and Recess has limits. There is only so much room in the gym, or on the playground, and this time comes at the expense of academic instruction.